

Scents & Sensibility Feb '08

Essential Opportunities Newsletter

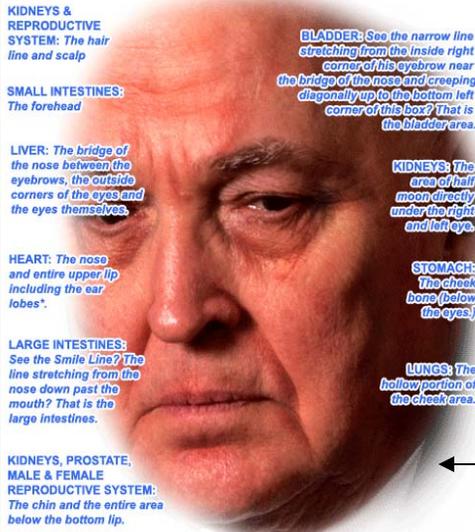


LET's FACE FACTS

What's in a Face? — PLENTY! According to recent studies from the Art of Diagnostic Face-Reading, your face tells everyone what's going on "Inside." The state of your health is out there for all the world to see, if they understand the coded messages.

In his book *"Diagnostic Face-Reading and the Holistic You,"* Roger Bezanis reveals health secrets depicted in the human facial markings. Face-Reading is an art that goes back to the beginning of recorded history. Ancient cultures understood this practice to be very reliable as a signal to early health challenges.

Our haggard face chart points out many health challenges revealed through diagnostic face-reading. Let's discuss some of signs to look for in your own face that forecast a potential health challenge and what essential oils might help with each:



"Diagnostic Face Reading" - Amazon.com

<u>ORGANS REFLECTED</u>	<u>SUGGESTED PROTOCOL*</u>	<u>ORGANS REFLECTED</u>	<u>SUGGESTED PROTOCOL*</u>
<p><u>KIDNEYS</u> :</p> <p>The scalp; corners of your forehead; bag area below the eyes; the chin and lower lip area; the upper ear above the ear lobes</p> <p><u>LIVER</u>:</p> <p>The eyes themselves; crow's feet area to the right and left of the eyes, running through the temples; the area between your eyebrows at the top of the bridge of your nose</p> <p><u>SMALL INTESTINE</u>:</p> <p>The middle part of the forehead; Sympathetically, the stomach will often manifest when the small intestine is inflamed.</p>	<p>K&B Tincture # 3262 MultiGreens # 3248 JuvaFlex Blend # 3375 AromaLife Blend # 3306 Alkaline Diet — No caffeine</p> <p>Rejuvenate Cleanse # 3159 Juvatone Caps # 3214 JuvaPower Raw Food # 3276 Raindrop Technique # 3137 JuvaCleanse Blend #3395 Release Oil Blend # 3408</p> <p>Cleansing Trio # 3115 Alkalime # 3199 Life 5 Probiotic # 3099 JuvaTone Caps # 3214 Di-Gize Oil Blend # 3324</p>	<p><u>LARGE INTESTINE</u>:</p> <p>Smile lines extending down from the nose to the top lip of the mouth.</p> <p><u>HEART</u>:</p> <p>The entire nose; The upper lip; Both ear lobes</p> <p><u>STOMACH</u>:</p> <p>The cheek bones and the high cheekbones; Sympathetically, the small intestines will also react when the stomach is distressed.</p> <p><u>LUNGS</u>:</p> <p>The hollow of the right cheek and/or left cheek (Both lungs)</p>	<p>Cleansing Trio # 3115 Alkalime # 3199 Life 5 Probiotic # 3099 JuvaTone Caps # 3214 Parafree (Parasite Cleanse) #6201</p> <p>CardiaCare #3197 AromaLife Blend # 3306</p> <p>Digestive Enzymes (See EDR) Di-Gize Oil Blend # 3324 Digest & Cleanse # 3293 Peppermint Oil # 3614</p> <p>Raven Oil Blend # 3402 Ravensara Oil # 3620 Inner Defense Gels # 3295</p>

* These Suggested Protocols are from the Essential Oils Desk Reference. Please refer to the book for exact applications and usage. Not intended to prescribe or diagnose.

* **Notice:** The information contained in this Newsletter is intended for educational purposes only and is not meant to substitute for medical care or to prescribe treatment for any specific health condition. Please see a qualified health care provider for medical treatment, using any of the products described herein.

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JOINT RELIEF AFTER 20 YEARS

For over 20 years, I suffered from fatigue, extreme joint pain and high blood pressure. And I had chronic dandruff which was very annoying. When I discovered Young Living products, I faithfully followed the protocols for Hypertension, Arthritis and Acidosis, and I used the Oil Shampoos for my scalp issues. There was some relief, but never complete recovery. It seemed as though I was always treating symptoms and never the root cause.

A couple of months ago, my wife bought a book on *Diagnostic Face Reading*. In looking at the pictures on the face chart, I realized that I too had severely swollen bags under both eyes. In fact, I had them for years and just thought it was part of "getting old." I found it curious that the bags under the eyes were a sign of Kidney trouble. I had never been diagnosed with Kidney problems and felt fine in that area. But as I continued to read the "other" symptoms of kidney failure, I was shocked to learn I had them all! For 20 years, I had been treated by allopathic and naturopathic doctors with cardio-vascular drugs and remedies. Nothing worked. And I used all the oils for joint pain and received temporary relief, but nothing permanent. I detoxed, did a liver cleanse, and tried to become less acidic. But when I learned through Face-Reading that there are different kinds of acidic conditions, the light bulbs went off! I had all the symptoms of **Uric Acid Poisoning**—the most deadly acid of all!



J. W. McBride, Msgt, USAF Re-

After consulting the Essential Oils Desk Reference and my Kinesiologist, I began a new protocol that addressed the kidneys. I began with K&B Tincture twice a day in distilled water. I gave up coffee once and for all. I got regular compresses with Juniper, Cypress and 3 Wise Men oil blend; I put JuvaFlex Blend on the alarm points, kidney meridians and vitaflex points on the feet. I also changed to a 75% raw food diet, so that I could improve digestion and nutrient absorption. And I stayed with my regimen of 5 oz. of Ningxia Red daily.

Within 2 weeks, the joint pain was down 50%. It definitely had my attention! After one month, my blood pressure had gone from 180 over 100 to 113 over 79. And now, instead of swollen bags under my eyes, I have what amounts to excess skin. My dandruff problem disappeared, too! The oils do the trick—but using the correct oil protocol makes the difference. I discovered the root cause from a strange technique—Face Reading! Who Would Have Believed It!