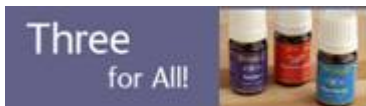


# Scents and Sensibility July 2007



3 Free Oils Through July 15<sup>th</sup>  
See Details at the end of this Newsletter

---

## Summertime and the Livin' is Easy



### Young Living – DON'T LEAVE HOME WITHOUT IT!

Travel in this day and age requires strategic planning and “*Common Scents.*” Security measures are in place to protect you, but can be a little stressful at times. So to minimize your travel stress, plan ahead:

**Travel by Plane:** You can easily take 4 or 5 five-ml. bottles of oils and 2 or 3 Ningxia Red Travel Packs in your 1-Quart ziplock carry-on bag. Great Oils to take on the plane with you are: **Lavender**, **Peppermint**, **Thieves** and **Ginger**. Ginger behind the ears is powerful agent to combat motion sickness! Pack the rest of your oils in your checked baggage, wrapped in aluminum foil, with a neatly typed message attached indicating these are medicinal grade oils—please do not X-ray. It may or may not work, but it’s worth a try. NOTE: Do not be obnoxious in flaunting your oils and spraying everyone around you on the plane. This might look suspicious to the Flight Attendants. Be discrete and everyone will be blessed by the aromas!

**Travel by Ship:** Thieves Oil is your Friend! Most ocean liners are faced with the threat of *Norovirus*. This is a highly contagious, airborne bacteria that strikes the digestive system and appears like the worst case of stomach flu! Once you get it, you will be quarantined for the rest of the trip. No way to enjoy a cruise! So, carry your Thieves Wipes and Thieves Spray everywhere on shipboard! When you enter the dining rooms, you will be asked to wash your hands with so-called anti-bacterial soaps, filled with poisonous toxins. Instead, pull out your Thieves Spray and use it in front of the crew. They are curious and love the smell. And YOU know you’re protected. Diffuse the oils in your stateroom and spray down the lavatory and bedding. Again, Ginger and Di-tone help with sea sickness.

**In the Hotel:** Diffuse, Diffuse, Diffuse! Purification and Thieves are your Travel Armor in hotel rooms. Sad to say, bed bugs are back, so REMOVE the bedspread and fold it up in the corner or closet. Do Not sleep under the Bedspread! Spray down your bed with Thieves Spray before retiring. Yes, it’s work, but precautions must be taken in our 21<sup>st</sup> Century Toxic World. Put a bottle of Thieves Foaming Soap in the bathroom. Put oils on feet morning and night—and Go Enjoy the Day!!



## So what Young Living Products should I pack?



### Here are some great Summertime Boosters!

**Lavaderm Cooling Mist**—Specially formulated from proven ingredients to soothe and protect damaged skin. The combined power of *aloe vera* and therapeutic grade Lavender oil aid in cooling and rejuvenating stressed skin after a long day in the hot sun. (#3249)

**Cooling Peppermint**—To reduce excessive body temperature, use **Peppermint Oil** in a Spritzer! Mix 20 drops of YL **Peppermint** in 4 oz of Distilled water in a dark glass Spray bottle. Spritz generously on overheated skin tissue. A body massage with Peppermint oil (#3614) and V-6 Mixing Oil (#3772) will also help reduce body heat. Surprisingly, Peppermint oil is also great for sunburn when mixed with equal parts of **Lavender oil** (#3575) and V-6 Mixing Oil (#3772). **Always check your oil labels for sun sensitivity before applying and heading for the beach!**

**Picnic Lunch and ANTS!** — Remember that the Frequency of **Purification Blend** (with Citronella) #3399 drives away Summer Pests like Ants and Roaches! Keep your food and breathing space free of toxic chemicals.

**Upset Stomach or Food Poisoning** — **Di-Gize Digestive Blend** (#3324)—**DON'T LEAVE HOME WITHOUT IT!** A powerful combination of detoxifying, alkalyzing and other fabulous oils to calm your digestive system and help purge the body of toxins.

**Thieves Spray to Soothe Poison Ivy**—If your hiking adventures unwittingly invite the nagging symptoms of Poison Oak or Poison Ivy, spritz down the area with Thieves Spray. Proven to have a 99.96% kill rate against all known bacteria by Weber State University. Thieves Spray is perfect to use in public restrooms, on shopping cart handles—even flatware in strange restaurants! Spritz on hands to kill bacteria after washing—evaporates quickly! (#3265 single or #3266 for 3-pack)

**First Aid Kit**—Essential 7 Kit covers it all! (#3120) **Contains Peppermint, Lavender, Lemon Oils and Purification, PanAway, Joy and Peace & Calming Oil Blends.** And order the **Handy Travel Zippered Case for E-7 Kit** is only \$5.00 (#3103).

**Cinnamint Lip Balm** – Protects from blistering sun and dry conditions. #5150

**Drink Plenty of Water**—especially while exerting yourself. If you begin to feel thirsty, you're already dehydrated! Add **Peppermint Oil** to your water for a great “cool-down” experience. Add **Lemon, Grapefruit** or **Citrus Fresh** oils for oxygenation, cleansing and refreshing taste. **Citrus Fresh** is on sale through July 15<sup>th</sup> (See Details Below)



**SUN SCREEN** – Sun Screens and Sun Blocks are Toxic and Cancer-Causing agents. The quickest way to skin cancer is NOT exposure to the sun, but the poisonous chemicals in sun block that penetrate the skin.\* **BEWARE OF THE SPELLCASTERS!** But use common sense and common scents when playing in the sun. Cover your head and skin at the hottest hours of the day. Consider applying Organic Coconut Oil to the skin. It protects against the dangerous rays, moisturizes beautifully, and is healthy for skin and cells.

### FOOD SUPPLIES:

**Ningxia Red Travel Packs** – 100-pack #3169  
**Wolfberry Crisp Bars (Meal Replacement)** #6315  
**Balance Complete (Meal Replacement)** #3292  
**Comfortone** (for Digestive Relief) #3204  
**Dried Wolfberries** (Snacks) #6360  
**Empty Gel Caps** (For Internal use of Oils) #3193

---



## Citrus Fresh Blend<sup>!</sup>

**TESTIMONIAL:** "Instead of adding Toxic Products to your Automatic Dishwasher to remove spots and water stains, Add 3-5 drops of Citrus Fresh Blend right in with the soap or detergent you usually use and get fabulous results without the poisons! Makes your kitchen smell like springtime!" -- Carol P., Arizona

**Code Item No. 3318 15 ml Bottle**

**SALE PRICES THRU July 15th:** Wholesale: \$10.58 Preferred Customers: \$12.25 Retail Customers: \$13.91

Three  
for All



### FREE OILS Order Details:

**This fabulous offer can be placed as a regular order or on the Autoship Essential Rewards Program. (Rebate points are not accrued on the 3 free oils) The offer is valid through July 15th, 2007. The special is not available through the automated phone system, but, IS available by ordering online or by calling YL directly. 250 PV (Product Value) Order or more gets you a free Frankincense, Valor and PanAway (Bottles are 5ml approx 85 drops each).**